

# BOTSFORD REHABILITATION AND CONTINUING CARE CENTER

## A GUIDE TO YOUR STAY WITH US:



**Our goal for you** – Botsford Rehabilitation and Continuing Care Center is committed to you and a successful stay with us. With plenty of rest and recuperative therapy, most patients are able to successfully return to their prior residence.

**What to bring** – Pack comfortable clothes and if possible, please label them. Toiletries are available or you are free to bring your own.

**Meals** – You will be offered two menu options, the daily special or “The Choice is Yours” option.

Please call the dietary department at ext. 6945 to order off “The Choice is Yours” menu or for any dietary questions.

**Breakfast:** Please order the evening before or by 7:00 am

**Lunch:** Please order by 10:00 am

**Dinner:** Please order by 4:00 pm

**Therapy** – Within 24 hours of your arrival, you will begin either Occupational (OT) or Physical (PT) therapy. The first step is an evaluation to find out where you’re beginning during the healing process.

**Care Conferences** – This is an invitation for you and your family to discuss your progress, medical needs and discharge date. If you have questions, this is a great opportunity to ask questions of the interdisciplinary team including your social worker, nursing staff and therapists.

**Medication** – A nurse will administer your medications during your stay and upon discharge you will be given prescriptions to take with you.

**Doctor visits** – You will be assigned to a physician and with the help of their team, they will monitor your medical needs. Upon discharge, you will be asked to make a follow up appointment with your primary care physician within seven days. It’s important that your doctor knows the most current situation with your medical needs.

*Please See Other Side* 



## OUR MISSION

*“To create a Fullness of Life  
through the joy of relationships,  
the art of caring and the spirit of living.”*

## BOTSFORD COMMONS DIRECTORY

*Questions during your stay can be directed to Barb Powell  
Care Transitions Coordinator at ext. 6904.*

### **Nurse Manager**

***1st Floor – 248-426-6975***

### **Nursing Stations**

***1 East (Rooms 120-131)***

***248-426-6912***

***1 North (Rooms 100-110)***

***248-426-6911***

***1 South (Rooms 141-158)***

***248-426-6913***

### **Social Workers**

***1 East – 248-426-6924***

***1 North – 248-426-6977***

***1 South – 248-426-6979***

### **Front Desk**

***248-426-6955***

### **Admissions Office**

***248-426-6958***