

March 2020

# Beaumont Commons

## Farmington Hills



### Assisted Living

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Dear friends,

March is an exciting month! We have so much to look forward to— St. Patrick's Day, and the First Day of Spring! We are also starting to gather RSVPs for our Easter dinner.

**Please invite your families to join us (and make sure they RSVP! The information is on the back page of this newsletter!).**

You'll notice in March we'll be celebrating **National Cleaning Week**. This is the perfect time to clean out your suite, closets, offices and donate items that we no longer wear or use. I'll have a donation box set-up in my office. All donations of freshly cleaned and laundered items will be taken to C.A.R.E.S in Farmington Hills. Let's start the new season off fresh by decluttering!

I am, as always SO thrilled to be embarking on a new season with you. We have so many adventures ahead!

Think Spring!  
Suzanne

# MARCH HAPPENINGS

## National Cleaning Week



National Cleaning Week starts the 4th Sunday in March and shows up just in time for sunny weather. Besides a clean home, it's a week that can produce improved moods, decreased stress levels, and increased creativity. It's a week to put away winter essentials and tidy up our home to usher in a fresh start with Spring. There will be a C.A.R.E.S box set up in the office for donations.

## Theme Dinners

**Tuesday, March 17**

**March 17 is St. Patrick's Day**

The menu for this will be:

Corned beef, cabbage

boiled potatoes

spinach pancakes topped with choice of corned beef hash or a fried egg

Shepard's pie

Irish soda bread

For dessert we will have choice of Irish Bombs (ice cream and ginger ale) or apple crumble

**Tuesday, March 31**

**March 31 we will be celebrating**

**National Tator Day**

Giant potatoes with a plethora of toppings including: butter, chives, salsa, chicken, chili, bacon, onions, black beans, broccoli, cheese and sour cream

## Spring Expo in the Apartment Building

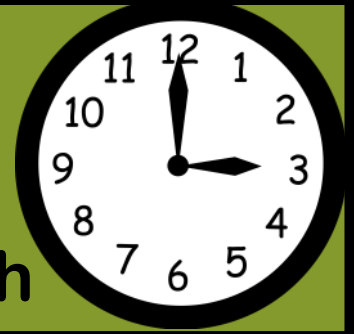
With the month of March we will see Daylight Savings on March 8 (Spring your clocks forward), St Patrick's Day, and the First Day of Spring!!! With Spring comes our **Spring Expo** with many fun vendors selling all sorts of fun things. They will be here on Saturday, March 28 from 10:00 a.m. – 3:00 p.m. Please invite your friends and family to spend the day with you.

# CALENDAR HIGHLIGHTS

Check out what's heading our way in March!



**Spring Forward**  
**Don't forget to set your**  
**clocks ahead 1 hour**  
**Saturday Night March 7th**



## Lenten Fish Fry at St. Valentine Church

Make sure to sign up for the Fish Fry at St. Valentine! St. Val's offers dinners of Breaded Shrimp, Baked or Deep Fried Cod, Cheese & Potato Perogi or Macaroni & Cheese.

All dinners include soup, salad bar, roll & a beverage. Meals average between \$5-\$8.25. There is also a bake sale on site! Join us on March 13th at 4:00 pm!



**Happy St. Patrick's Day!**

## St. Patrick's Day Bingo!

**1 West Community Room at 4:00 p.m.**

Press your luck on St. Patrick's day with a fun game of Bingo! Wear your green for a chance to win a special "Jack Pot" prize!

## NOONTIME CONCERT! MARCH 19th

Join us as we head for a noontime concert at the Livonia Library. This is a free concert and features music from Robert Johnson. Mr. Johnson plays a selection of folk, country, blues and old time classics. Sign up at the bulletin board.

Dear Residents and Families:

I would like to thank everyone for their cooperation and patience while we supported three of our residents with reported cases of Influenza A. While asking all residents to stay in their rooms was a challenge, we took the illness very seriously and did not want it to spread to any other residents. With the three sick residents representing 7% of our building, 93% of the healthy residents, although able to be out of their rooms were potentially at risk. The risk was too great to take a chance and we appreciate your understanding.

I wanted to review with each of you what constitutes a potentially contagious symptom, they are: coughing, fever, sore throat, vomiting, diarrhea, runny nose and sneezing. You may only have one symptom and still be contagious, so if you have any of these symptoms and they are not related to any other health condition, please confine yourself to your room. (I.e. Arthritis sufferers sometimes run a low grade fever when they have a flare-up and people who have Crohn's disease may have diarrhea that is not contagious, etc.) Keeping your germs contained will lower the risk for others getting sick and stop the potential spread of a harmful virus.

We will be monitoring the health of all residents and if we see or hear you have any of the above symptoms, we will be asking you to visit your doctor to make sure you are not infected or contagious. Depending on your symptoms, we may recommend you stay in your room until you are tested, to keep your neighbors safe from a potentially dangerous illness. We appreciate your ongoing cooperation and hope you continue to be preventative through proper hand washing and coughing or sneezing into a Kleenex.

Our recent situation with illnesses gave us an opportunity to observe residents closer than normal. Three times per day meal visits and regular, daily well-checks allowed us to identify several residents who have had significant cognitive and physical changes since moving in with us years ago. For some of our residents, we are no longer able to support their changing mental and physical needs within our Home for the Aged Exempted status, operating under the model of care, independent housing with services. To update yourself on our discharge criteria, please review your lease and identify the services we are unable to accommodate, they include: wandering, two-person assistance with activities of daily living, individual feeding, engaging in unpleasant/bullying situations with others, not following the rules of the lease, non-payment and others. Since noting some of these criteria during this up close and personal situation, we had to start calling families and let them know we were no longer able to meet the care needs of their loved one. Normally, we try to give 30 days' notice when a transition to a higher level of care is necessary, but in some extreme cases that is not possible. Please do not take offense to the phone calls and conversations; we are simply complying with the lease and the limits per the Home for the Aged Exemption. You, as a resident of this facility, are our number one priority. Your safety and right to receive appropriate care for your individual needs, following our lease, is priority and although a difficult decision, moving to another facility could be the best solution.

Please know we are grateful for you and we thank you for making Beaumont Commons your home and allowing us to be a part of your life!

Diane Beri

# IMPORTANT MEETINGS



## **Blood Pressure Checks**

Wednesday,

March 25th

**10:30 AM-1E**

community room.

Stop by and have yours checked!!

## *Alzheimer's Education Sessions*

Join us on the 3<sup>rd</sup> Tuesday of each month from

**1:30 – 2:30 p.m.**

We will be holding our Alzheimer's Education sessions in The Tarpinian Room each month. We hope you will join us to learn about Alzheimer's and other Dementia's.

March 17 – Anatomy of the brain and brain tour

April 21 – Communication with people who have

Dementia

May 19 – The rhythm of life and enjoying everyday

activities

Please mark your calendars. Thank you!

## **Hospitality Huddle**

This meeting is a great time to discuss food service

directly with the Food Service Manager.

This month's meeting is on Thursday, March 12th at 10:30 am

in the 1W community room.

## **“Your Two Cents” with Diane Beri**

What is “Your Two Cents”? This is an opportunity for you to talk to Diane about what is happening on campus and in your home. You can bring concerns, praises and questions to this meeting. If you don't have anything you wish to talk about, you can still attend and hear what others are thinking.

**Please join on Tuesday, March 31st at 3:30 pm in the 1E community room.**



# MARCH OUTINGS!

**Please use the sign up sheets at the bulletin board.**

## **Dollar Tree**

**March 2nd @ 11:00 am**

## **Lunch Outing to Logan's Roadhouse**

**March 9th @ 11:00 am**

## **St. Valentine's Fish Fry**

**March 13th @ 4:00 pm**

## **Hobby Lobby**

**March 16th @ 10:00 am**

## **Kroger**

**March 18th @ 1:00 pm**

## **Library Concert Series**

**March 19th @ 11:30 am**

## **Lunch Outing to Thomas's Family Dining**

**March 24th @ 11:00 am**

## **Meijer**

**March 30th @ 11:00 am**

If you receive care

services you must plan for

services to assist on

our field trips.

Talk with Senior Helpers about

assisting you on our trips or a

family member can attend if

they are able to assist you with

your care needs.

We typically only have one staff

member that goes on

outings and that is the bus

driver and they are not able to

provide care.

Thank you



# MARCH BIRTHDAYS!



**Ming W. March 4th**  
**Violet S. March 9th**  
**Lillian K. March 11th**  
**Peggy F. March 12th**  
**Eileen G. March 13th**  
**Pat R. March 13th**  
**Sharon B. March 16th**  
**Charlotte L. March 21st**  
**Colleen I. March 24th**



**Join us for a Birthday Celebration**

**On March 27th at 2:30 pm in the 1W community room.**

**This celebration is for everyone!**

In astrology, those born between March 1st and 20th are Pisces. These Fish are spiritual types who feel comfortable in their introspective natures. As passionate, romantic, creative dreamers, they are charitable helpers who “go with the flow.” Those born between March 21st and 31st are Rams of Aries. As the first sign of the zodiac, Arians charge out of the gate with energy, confidence, power, and zeal. As pioneers, Arians are unafraid of the unknown. For these eternal optimists, no odds are ever considered.



# Beaumont Commons

## Farmington Hills

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Farmington Hills, MI  
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Would you like to receive the digital version of our monthly newsletter? Email [suzanne.lipar@beaumont.org](mailto:suzanne.lipar@beaumont.org) to be added to the list!

### *Our Mission:*

*To create a Fullness of Life through the joy of relationships, the art of caring, and the spirit of living.*

# Easter Dinner

Tuesday, April 7th at 5pm in the Bistro



Families Welcome!



Complimentary dinner provided with RSVP by  
3/30/20

By email ([Suzanne.Lipar@beaumont.org](mailto:Suzanne.Lipar@beaumont.org))

By Phone (248)426-6943 or in person.



Please bring a dessert to share.

